

Hazards of Emergency Contraceptive Pills: - I Pill Unwanted 72 etc.
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It has been brought to the notice of this Commission that wide scale advertisement campaign in favour of the oral pills known as an emergency contraceptive pill, is being carried out by pharmaceutical companies. These pills are gaining popularity among young girls, despite repeated warning from doctors against its use.

2. With concern, it is seen that the drug is being projected as an after savior of unsafe sex. The advertisements of these wonder pills are quite misleading and its side effects as well as efficacy are not at all being disclosed. It is being projected as an alternative to the safe sex method and thus may lead to an everlasting impact on the younger generation and in turn lead to government and the society losing its battle as far as AIDS and STDs are concerned besides putting the women through grave emotional and physical trauma and everlasting effect of hormonal imbalance.

3. These pills have been designed for women over 25 and accordingly it is felt that it may have dangerous side effects on teenagers and on women using it too regularly. What is a further cause of concern is that this is an over the counter drug and hence does not require any medical prescription.

4. The issue having wide ramification, the Commission has already written to the Ministry of Health & Medical Council of India for their views and suggestion on the serious issue.

Side effects of Emergency Contraceptive Pills

The side effects that some women may have after using the tablet includes:

- Irregular menstrual bleeding
- Nausea, weight gain, headaches, dizziness and breast tenderness
- Mood changes
- Hormonal changes

Ectopic pregnancy, vomiting, nausea, fatigue, abdominal pain, gastrointestinal upsets, diarrhea, dizziness, headache, breast tenderness, early/late onset of next period, increased menstrual bleeding vaginal haemorrhage, etc.

Blood clots are a serious side effect of the pill. Blood clots will exhibit different symptoms depending on the part of the body where they form. Some of these symptoms are leg tenderness or swelling, sudden chest pain or shortness of breath, partial or complete loss of vision or blackouts, numbness in any part of the body.

It is dangerous because emergency pills do not prevent sexually transmitted diseases like AIDS, etc.
